

*The Loudoun District is pleased to present . . .*

# *A Potluck Workshop*

*March 10, 2018*

*12:00 - 3:30*

*St. Anne's Episcopal  
Church, 1700  
Wainwright Dr.  
Reston, Va. 20190*

*There will be a panel of 3  
members who will speak to  
the benefits of journaling.*

*There will also be 2  
break-out sessions where  
members will journal on  
Step 3, Tradition 3, or  
Concept 3.*



*Writing for  
Recovery -  
Journaling  
As An  
Al-Anon Tool*

Please bring a dish to  
share with your fellow  
members.  
As well as paper and pen!



